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May 3, 2018

# Charlevoix County News

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## County joins others in lawsuit for opioid addiction

**BY MICHELLE MEDJESKY**

CHARLEVOIX COUNTY - The Charlevoix Board of Commissioners has agreed that the county should join 45 other Michigan municipalities in a lawsuit against companies that manufacture the drugs that lead to opioid addiction and related deaths.

The commission last week voted 4-2 in favor of a resolution to enter Charlevoix County into the lawsuit, which is seeking damage settlements from the drug companies to compensate

not only for opioid-related deaths but to also help pay for opioid addiction treatment and growing expenses for law enforcement in battling the problem. Commissioners Shirley Roloff and Ron Reinhart voted against the measure.

Reinhart cited concerns that the lawsuit is aimed at the wrong target, and that doctors who prescribe opioids should also be held legally responsible along with pharmaceutical companies.

Most all of the commission members cast their votes hesitantly and only

after gathering much information on the lawsuit as possible.

Attorneys from the Traverse City law firm Smith & Johnson along with attorney Mark Bernstein had been advising the county commissioners about the county entering the lawsuit since early April.

Bernstein explained to the commission how the lawsuit pivots on the point that the opioid crisis has surfaced not because people are suffering with any more pain than they did 50 years ago, but because of "the misuse and misrepresenta-

tion of the addictive qualities of these drugs by the manufacturers to the doctors, health insurers and to the public."

The legal team provided statistics showing that opioid prescriptions in the Charlevoix County area between 2009 and 2016 soared significantly from 88 prescriptions per 100 patients to 121 per every 100.

Bernstein explained that Charlevoix County's lawsuit will be filed as an individual claim in U.S. District Court and later moved to a multi-district court in Ohio. Among the companies

named in the lawsuit are Purdue Pharma, which manufactures OxyContin, and pharmacies such as Walgreens, Rite Aid, Costco and CVS.

Charlevoix County civil counsel Bryan Graham noted that the county will not be required to pay up front for their legal representation in the lawsuit because the attorneys involved have agreed to work on a contingency basis in that they will collect 30 percent of the amount the county receives from the settlement.



On Monday, April 23, Louie's Fresh Market open its doors at 1231 M-75 South in Boyne City. PHOTO BY DAVE BARAGREY.

## Louie's Fresh Market opens in Boyne City

**New market offers service convenience and selection**

**BY JIM AKANS**

There's a new market in Boyne City. On Monday, April 23, Louie's Fresh Market open its doors at 1231 M-75 South. It is a brand new building in town as well, designed and built specifically to create an excellent and easy shopping experience for their customers.

Offering service, convenience and selection, the market is managed by Russ



Bohnet, who has over 25 years of experience working for larger retail chains and grocery stores, and he also ran his own gas station in the Elmira area for eight years.

Bohnet states, "We have gas, convenience items and a full line of groceries much like people would

find in much larger stores. That includes breads, vegetables, canned goods, paper products, dairy and more. We also have a meat counter, deli department with fresh sliced cuts plus a full lunch menu that people enjoy. While on a smaller scale, we have just about everything someone would

find at a larger grocery store."

He adds that their prices are also competitive, and their customer service is second to none.

Louie's Fresh Market is open 6am until 10pm seven days a week. They can be reached at (231) 776-0500.

## Single lane closures on the Charlevoix bridge May 9th

**BY MICHELLE MEDJESKY**

CHARLEVOIX - The Michigan Department of Transportation has a few spring cleaning and maintenance projects lined up in the next week that may impact travel time across some area bridges.

Those traveling on U.S. 31 through the city of Charlevoix will find single lane closures slowing traffic at times over the city's downtown bascule bridge next week as crews work to remove road salt and sand from the bridge's deck and prevent corrosion.

MDOT officials said the spring cleaning on the Charlevoix bridge is slated for Wednesday, May 9th and will be completed between 7:30 a.m. and 3:30 p.m. The work will require single lane closures with traffic shifts, however, one lane will remain open in each direction for the duration of the cleaning.

Other bridges in line for a spring cleaning and tune up next week include the U.S. 31 bridge over the Manistee River in Manistee, where work may slow traffic on Monday, May 7 and drivers on the U.S. 23 bridge over the Cheboygan River in Cheboygan will face the same on Thursday, May 10.

MDOT said routine cleanings and maintenance of the bridges are necessary to ensure the bridges will open and close safely and reliably, especially before their heavy usage during the upcoming summer season.

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weather

THURSDAY



HIGH: 62  
LOW: 44

FRIDAY



HIGH: 59  
LOW: 40

SATURDAY



HIGH: 51  
LOW: 35

SUNDAY



HIGH: 56  
LOW: 38

MONDAY



HIGH: 62  
LOW: 42

TUESDAY



HIGH: 62  
LOW: 46

WEDNESDAY



HIGH: 63  
LOW: 42

record temps

DAY	AVG	LOW	AVG	HIGH	RECORD LOW	RECORD HIGH
MAY 3	...36°	...64°	...21°	(1967)	.87°	(1955)
MAY 4	...36°	...64°	...21°	(1967)	.87°	(1955)
MAY 5	...37°	...65°	...22°	(1958)	.86°	(2000)
MAY 6	...37°	...65°	...18°	(1968)	.86°	(2000)
MAY 7	...37°	...66°	...20°	(1968)	.87°	(1986)
MAY 8	...38°	...66°	...21°	(1950)	.84°	(1965)
MAY 9	...38°	...67°	...23°	(1955)	.90°	(1993)
MAY 10	...38°	...67°	...22°	(1961)	.90°	(1993)
MAY 11	...39°	...68°	...24°	(2002)	.85°	(1992)
MAY 12	...39°	...68°	...22°	(1996)	.87°	(1992)

OBITUARIES

James W. Lutz, 87

(APRIL 20, 1931 - APRIL 25, 2018)



James W. Lutz of Charlevoix passed away on April 25, 2018 at the Georgia House.

James was born on April 20, 1931 in Bessemer, MI to the late Charles and Margaret Lutz.

James graduated from the University of Michigan with a bachelor's degree. He also served in the United States Army for 2 years. Following his discharge, he began working for Chesapeake and Ohio railroad. James was a lifelong employee of the C & O Railroad and worked for many years in both Charlevoix and Frankfurt as an agent. James enjoyed spending his free time gardening, weightlifting, building and watching sports especially U of M Football, Green Bay Packers and the St. Louis Cardinals baseball. His greatest joy in life came from his grandchildren. He enjoyed being with them and building items for them to keep including a doll

house that was a replica of his own home. He was known for his witty sense of humor.

James is survived by his daughters, Peggy Wenzel and Catherine Linse both of Charlevoix; grandchildren, Lisa (Chris) Lahr, Heather Waltonen and Britney Gibson; great granddaughter, Arianna Leclair and many nieces and nephews.

James was preceded in death by his wife, Geneva, his siblings, Helen, Chuck and Marguerite and his parents.

A graveside service with full military honors was held on Tuesday, May 1, 2018 at St. Mary's Cemetery in Charlevoix with Fr. Peter Wigton officiating.

Memorial contributions in James name may be directed to Northwest Michigan Hospice, 220 W. Garfield Ave., Charlevoix, MI 49720.

Arrangements are being handled by the Winchester Chapel of Mortensen Funeral Homes. Online guestbook at [www.mortensenfuneralhomes.com](http://www.mortensenfuneralhomes.com).

Robert Stevens, 73

(FEB. 8, 1945 - APRIL 28, 2018)

Robert Stevens of Boyne City passed away Saturday, April 28, 2018 at his sons home.

The family has chosen to remember him privately.

Please share your memories and personal messages with the family at [www.gaylordfuneralhome.com](http://www.gaylordfuneralhome.com)

Recent regs help anglers pursue steelhead

Recent legislation passed in Michigan has simplified fishing regulations for anglers, particularly those pursuing steelhead on the state's rivers and streams in the spring.

The legislation removed a net size restriction that has been in place for many years to protect spawning salmon from illegally being harvested. The restriction can be found on page 10 of the printed 2018 Michigan Fishing Guide, under Hand Nets. It reads: "During April, May and June, hand nets larger than 5 1/2 feet in circumference or having a handle exceeding 14" may NOT be used or possessed on designated trout streams..."

With the removal of this restriction, which immediately took effect, anglers now legally may use hand nets with handle lengths longer than 14 inches. The regulation created a safety issue for anglers fishing for steelhead from boats, as there was concern anglers would not be safe if they had to lean way over the side of their boat to net a steelhead with such a short

net handle.

Anglers still can only use hand nets to help land lawfully hooked fish, except under a few circumstances (which can be found on page 23 of the 2018 Michigan Fishing Guide).

The 2018 Michigan Fishing Guide was printed prior to the passage of the legislation, so the net restriction on designated trout streams still is listed in the current guide available at license retailers, even though it will no longer be in effect or enforced. However, it has been removed from the online 2018 Michigan Fishing Guide, and will be removed from future versions.

DNR's invasive species plan available

Plan includes strategy to prevent and control land-based species

The Department of Natural Resources has announced the availability of Michigan's Terrestrial Invasive Species State Management Plan, a comprehensive strategy to prevent and control land-based invasive plants, animals, insects and tree diseases and to reduce their environmental and economic effects. The plan also provides a roadmap for coordinating those efforts at the federal, state and local level.

The plan was developed by the state's Terrestrial Invasive Species Core Team, which includes representatives from the Michigan departments of Agriculture and Rural Development, Environmental Quality, Natural Resources, and Transportation.

From the emerald ash borer, which devastated forests and urban landscapes throughout most of the state, to feral swine and Japanese stiltgrass – an invasive grass discovered just last summer in three southeast Michigan locations – terrestrial invasive species are taking their toll on Michigan.

"Our experiences with these and other invasive species have shown us the need to work together with federal, state and local partners, and often other states to determine the best management strategies and to have the boots on the ground needed to locate and manage infesta-

tions," said John Bedford, Pest Response Program specialist with the Department of Agriculture and Rural Development.

The plan's first three goals – prevention, early detection and response, and control and restoration – mirror the three stages of invasive species management. The fourth goal, collaboration, is necessary for future success.

"Preventing new invaders from entering Michigan is the most crucial step we can take," said DNR invasive species coordinator Greg Norwood. "That prevention protects our natural resources and is far more cost-effective than responding to and managing an invasive species once it has arrived."

The plan also stresses the need for advances in detection and treatment technologies to assist with the management of existing terrestrial invasive species like hemlock woolly adelgid and oak wilt.

The Terrestrial Invasive Species State Management Plan and responses to public comments on the document are available in the Control and Management section of the invasive species website.

For more information about invasive species and ways to prevent their entry or spread, visit [www.michigan.gov/invasives](http://www.michigan.gov/invasives).

LETTERS TO THE EDITOR

Letters may be submitted by e-mail to [office@CharlevoixCountyNews.com](mailto:office@CharlevoixCountyNews.com).

THE FALL

To the Editor,

Porn star, Stormy Daniels achieves the distinction of being the most salient element in bringing down Donald Trump's fictitious reign of imbecilic power. It's a better story albeit slightly less wholesome than the Bill Clinton Monica Lewinski affair. It's perfect for the scripting with the rest of these players in Shakespearean, Fellini and Bergman, Burroughs and Patchen, Rabelaisian Kafkaesque crepuscular dramaturgy of pandemonium in Dystopia.

In this era starlets of pornographic filmmaking are more or less embraced by the public as filling a niche vocation that ever since Happy Hooker Zaviera Hollander became socially acceptable for young women of pulchritude and certain ingenious forthright readiness of demeanor; this is a relatively reputable profession now. Well, there are some holdouts to that as phrased by Stormy's lawyer, Michael Avenatti, who said that the feds didn't go to a federal judge proof in hand with request to investigate allegations promoted by a "porn star". We haven't come quite that far, not sedate judges at least. Those FBI counterparts – yes, the Mueller coterie farmed it out to Manhattan branch of fed-

eral prosecutors to keep things proper in legal terms - all at once invaded with search warrant and no warning whatsoever three abodes of Trump's personal lawyer true spook style for extraction of specified documents and electronic equipment, confiscated before Cohen could shred any or even worry about the possibility. Suddenly that which has been looming for more than one year came to pass and as the smoke cleared on live television news it became known that the instigating factors were bank fraud, wire fraud, and illegal campaign contributions in an illicit money laundering sense.

Obstruction of Justice is the main objective in investigative tactics which is expected to culminate in indictment of the lawyer, an unheard-of ploy in the annals of law, lawyers being exempt from such cloak and dagger intrigue unless they're the ones perpetrating it. Thus The Donald got himself in a deeper marsh than he'd realized because he'd never been held to account for anything before and he'd gotten away with multiple scams on multiple persons and organizations, even the government. He never messed with organized crime in any but financial fellowship matters, the greatest crime boss now living being Vladimir Putin, hence a hands-off guy to be hallowed and importuned,

emulated. That has been clear for the past year but has never found root in challenging the assertion that everybody knows is true. There is great failure on the parts of legislation here with which elections are already dealing.

And Bob Mueller. Attorney Avenatti says he feels sorry for the lawyer, especially his wife and family, so this doesn't have the appearance of vengeance though if any should research the illicit and immoral dealings of Donald Trump and at least one henchman Paul Manafort it will be found that no conscience emanates from those quarters. These guys have been dedicated to living the high life for the entirety of their working careers. They like that power and prestige, that carte blanche lifestyle, jet plane mornings and Riviera evenings, caviar and women. There is at least one woman they don't like though, seemingly quite a few more.

We're not about to stoop so low as to scoff at this turnabout. Perhaps just a little smirk will do. BWAHAWHAW HAWHAWHAWHAW HOT DANG! Sorry, just slipped out that way. There is a psychological term known as cognitive dissonance at which justification is conjured for missteps of judgment, usually referenced by the Fox & Grapes analogy at which the fox bemoans the

fact that he can't reach the grapes growing too high so dismisses them as sour anyway. What this boils down to is justifying beliefs and judgments that are proven erroneous but still defended as being true and worthy even though everybody knows otherwise. There still exist diehard supporters of Trump who clearly voted for him else they'd not be so defensive. Surely we know of the heavy-handed government that Trump seemed averse to but he is proven to be swamper, defiling even existent swamp water.

But it's all in legal hands now regardless the last gasp flailing attempts to submerge the boat of Washington crossing the Delaware to clear the harbor of taxation and tyranny. Funny how the US defeated England only to become what she was as she now finds solace and progressiveness in turning to humanitarian society as has much of the developed world. The USA has this transition yet to make. Maybe. This portent of the future is unknowable. Right now it's Trump Comeuppance to be assimilated and recorded into the skein of history, woven into the fabric of kakistocracy. If the US Constitution survives it will be with some relevant reconstituting.

Mitchell Jon MacKay, East Jordan

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# News

ONLINE AT WWW.CHARLEVOIXCOUNTYNEWS.COM



## 9th Annual Garage Sales Across the Breezeway

Get ready to shop 'til you drop along 26 miles of Garage Sales Across the Breezeway on Friday, May 25 and Saturday, May 26 from 9am to 4pm, new activities and events have been added this year. New this year... East Jordan Sno-Mobilers, Inc. are participating on Saturday with a Snowmobile/ Anything Goes Swap Meet and Yard Sale.

Community members wanting to set up a space are encouraged to bring out snowmobiles, parts, gear, tractors, motorized vehicles, clothing, household goods

and even the kitchen sink. Site spaces for East Jordan Sno-Mobile Club Members is \$10 and \$20 for non-members. For more information contact Kelly Kava 231-313-9868.

Have a garage or yard sale or go shopping with family and friends. To list your sale on the Breezeway Maps and website, send you sale/event information to the Chamber Office (P.O. Box 137, East Jordan, MI 49727). There is a \$10 charge to be included on the list.

Besides finding treasures along the Breezeway, be sure

to visit the communities of Boyne Falls, East Jordan, Ellsworth and Atwood and their many businesses, attractions and restaurants. Also, downtown East Jordan businesses will be holding Sidewalk Sales.

For a list of garage sales visit our website [www.ridethebreezeway.com](http://www.ridethebreezeway.com) or [www.ejchamber.org](http://www.ejchamber.org). For more information contact the East Jordan Area Chamber of Commerce at 231-536-7351. Discover the C-48 Breezeway, 26 miles of rural scenic beauty.

## Charlevoix Chamber to host biggest networking event of the year

On Tuesday, May 22nd the Charlevoix Chamber of Commerce will host the Annual Regional Business After Hours at Antrim Dells Golf Club from 5:30-7:30pm. There will be enhanced hors d'oeuvres and a cash bar, hosted by Antrim Dells Golf Club, Sunset Grille.

The event is open to the public; admission is \$10. With each admission, attendees will receive a raffle ticket for the chance to win more than a half a dozen community themed items generously provided by our sponsors and their members.

This year our event will provide expanded business exposure beyond Charlevoix County and allow for networking with our Antrim County neighbors. "We are thrilled to have an event that includes business representatives from our Region, this is a great way to kick off the summer season and celebrate working together," says Alison Hubbard, President of the Charlevoix Area Chamber of Commerce.

This event would not be possible without the support of our sponsors: Blue Cross Blue Shield of Michigan, Antrim Dells Golf Club, A-Ga-Ming, Bellaire Chamber of Commerce, Boyne Area Chamber of Commerce, Central Lake Area Chamber of Commerce, Charlevoix Area Chamber of Commerce, East Jordan Area Chamber of Commerce, and Elk Rapids Area Chamber of Commerce.

For more information please visit [charlevoix.org](http://charlevoix.org) or by calling 231.547.2101.

## Morning Bird Walks on Tuesdays and Thursdays in May



The Petoskey Regional Audubon Society (PRAS) invites the public each Tuesday and Thursday in May for free early morning bird walks to share the wonders of spring migration throughout the month. Shown here is the Scarlet Tanager. COURTESY PHOTO

The Petoskey Regional Audubon Society (PRAS) invites the public each Tuesday and Thursday in May for free early morning bird walks to share the wonders of spring migration throughout the month. These leisurely-paced walks are appropriate for all levels of birding experience, and no reservations are required.

The Tuesday morning walks begin at 9 am at Pond Hill Farm near Harbor Springs. Pond Hill Farm is located approx. five miles northwest of Harbor Springs on M-119. It is easy walking on flat farm lanes. The Thursday morning walks will begin at 7:30 am at Spring Lake Park. Spring Lake Park is located near the M-31 / M-119 intersection north of Petoskey. Meet at the gazebo, and we'll walk

the flat trails, boardwalk, and paved rail trail along Mud Lake to Round Lake.

Both the Tuesday and Thursday morning walks last about 2 hours, but participants are free to come and go as their schedules allow. Bring binoculars and a field guide if you have them, dress for the weather, and wear sturdy shoes that you don't mind getting muddy. Loaner binoculars will be available, so feel free to bring along a "first-timer" to share the wonders of spring migration. No smoking or pets on any PRAS field trip.

PRAS also has other bird walks scheduled during the month of May in Mackinaw City, Alanson, Charlevoix and East Jordan. Please visit [www.facebook.com/PetoskeyAudubon/](http://www.facebook.com/PetoskeyAudubon/) to learn more.

## EJ Lions Club 2018 Mother Daughter Banquet

**SATURDAY, MAY 12  
EAST JORDAN HIGH SCHOOL**

The East Jordan Lions Club will host the 50th annual Mother Daughter Banquet on Saturday May 12 at the East Jordan High School. Dinner will be served at 6pm and will be prepared by Chef Joe Krumholz of the Jordan Inn.

East Jordan Lions Club members with the help of family and friends will serve the dinner. 2018 Miss East Jordan Madilynn Steltzner will be the Mistress of Ceremonies. Past Mothers of the Year will be recognized, and the 2018

Mother of the Year will be announced.

Please join us for this very special 50th annual event as we say thank you to all mothers for their commitment to their children as well as to the community of East Jordan. Tickets are available at the door or from any East Jordan Lion. Prices are \$8 for adults, \$4 for students; preschool children will be admitted free of charge. Doors will open at 5:30 pm.



Butterfly Dessert

COURTESY PHOTO

## A Wonderful Evening at the 4th Annual Scovie's Gourmet Event for Hospice of Northwest Michigan

This year's Dinner and a Movie and the Silent Auction at the 4th Annual Scovie's Fundraiser was a true indication that our community always comes together and enthusiastically supports an event for a great cause. The event was held on Saturday, March 24, 2018 in Charlevoix. Vi Keller and the Scovie's staff raised over \$4500.00 for Hospice of Northwest Michigan. Their compassion, hard work and dedication to this event is truly amazing and it radiated throughout the evening. The generosity of all who participated and donated treasure pieces for this event is appreciated beyond words. The monies raised will be used to support patient care in our local communities.

The event kicked off with a silent auction that began at 11 am with a display of all the wonderful donation items. April Lamb, Executive Director of Hospice of Northwest Michigan and Tina Lamont, Director of Home Care and Hospice, welcomed bidders and attendees before the 3-course gourmet meal and movie "Article 99" started. The butterfly symbol, a symbol of transformation often used by Hospice organizations, was incorporated by the chefs as a special touch for dessert. Guests and community were welcome to continue the silent auction bidding process throughout the evening events. Hospice of Northwest Michigan would like to

thank all the individuals, local merchants and organizations who made monetary donations, donations of time, and donations to the silent auction, including those who came and participated in the fun. Thank you, Joyce Holm, for your efforts on gathering silent auction items, it is greatly appreciated. We would also like to thank, Mary, for her gracious donation of beautiful handmade note cards. As Vi said, "We will all be here one day and we will need this service. I want to support organizations like Hospice of Northwest Michigan because they are helping make a difference in people's lives, especially during very difficult times, right here in our community."

Hospice of Northwest Michigan is a 501(c)3 non-profit, community based hospice, serving Antrim, Charlevoix, Emmet and Otsego Counties. Call (800) 551-4140 toll-free for more information on hospice services, or to learn more about how you can help.

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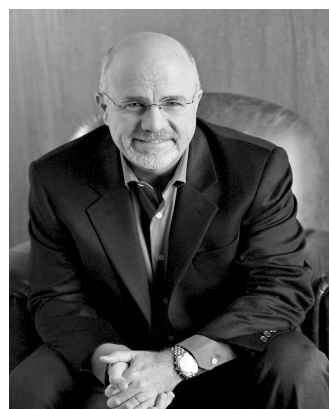
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# DAVE Says



Dave Ramsey

## (First, lay a solid foundation)

Dear Dave,  
When is it okay to have a little fun, and buy things you want, when you're following the Baby Steps plan?

Kaitlin  
Dear Kaitlin,  
The time for a little fun is after you've completed the first three Baby Steps. Baby Step 1 is saving \$1,000 for a beginner emergency fund. Baby Step 2 is paying off all debt, except for your home. And Baby Step 3 means you go back and add to your emergency fund until you have three to six months of expenses set aside.

Once you're debt-free except for your home — and you have your emergency

fund completed — you've laid a solid, financial foundation for your life. That's when you can have a little fun and spend some money on a vacation, new furniture, or something like that.

Children think about their immediate wants and do what feels good. Adults, on the other hand, devise smart, logical plans, and stick to them. I want you to have a great life, but you have to put in some hard work and say "no" to yourself sometimes in order to attain that great life!

—Dave

## (It's Baby Step 1 for a reason)

Dear Dave,  
I'll be receiving my income tax refund soon. It will be enough to completely pay off my two smallest debts, or get my

starter emergency fund of \$1,000 for Baby Step 1 in place. What should I do?

Brandy  
Dear Brandy,  
I love that you're excited about using your refund to start the Baby Steps, and begin gaining control of your finances. But we call the beginner's emergency fund Baby Step 1 for a reason.

Bad things can happen while you're working to get out of debt. That's why I want people to get a little money set aside before they start Baby Step 2, which is the debt snowball. What if the alternator on your car goes out, or your refrigerator dies? Life happens, and things go wrong. When this kind of stuff pops up, and you don't have any money set aside, you're likely to quit the plan and wind up going even deeper into debt.

I know you want to get out of debt. I want you to get out of debt, too. But I want you to stick with the plan, and actually get out of debt, instead of falling off the wagon the first time you hit a bump in the road!

—Dave

\* Dave Ramsey is CEO of Ramsey Solutions. He has authored seven best-selling books, including The Total Money Makeover. The Dave Ramsey Show is heard by more than 13 million listeners each week on 585 radio stations and multiple digital platforms. Follow Dave on the web at [daveramsey.com](http://daveramsey.com) and on Twitter at @DaveRamsey.

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## East Jordan State of the Community Luncheon

By Tina Sundelius

**EAST JORDAN**—East Jordan is heading in the right direction and its future is bright was the message members of the community walked away with after hearing four keynote speakers discuss the status of the city, schools, and DDA at East Jordan's State of the Community Luncheon Tuesday, November 11.

An air of optimism filled the Harvest Barn hall as 26 East Jordan High School seniors and other members of the community listened intently to Mayor Russell Peck whose speech focused on the challenges and infrastructure im-

provements that still lie ahead for the city. "All in all things are looking up, we're heading in the right direction. Together we will position our community for a resilient and sustainable future. Indeed, East Jordan's future is bright," he concluded.

Peck not only talked about all that the city has accomplished but emphasized the infrastructure improvements needed to accommodate new growth. "We are very optimistic about the future of our community and that optimism comes from the exciting new direction we have been heading," he said. He cited the city's sewer system that is already operating at 88%

capacity, sidewalks, and sea-pilings to be installed at the southwest side of the harbor next to the bridge intended to stop silt from filling the harbor (construction to begin in December) as projects that will further enable the city to grow. He mentioned the new well house (already up and running), the now open 24/7 recycling center and the \$12,000 Kayak facility in the park which he stated presently "looks like an art project." "We are developing the kind of community we have envisioned for future generations. There is a positive up beat energy," he said.

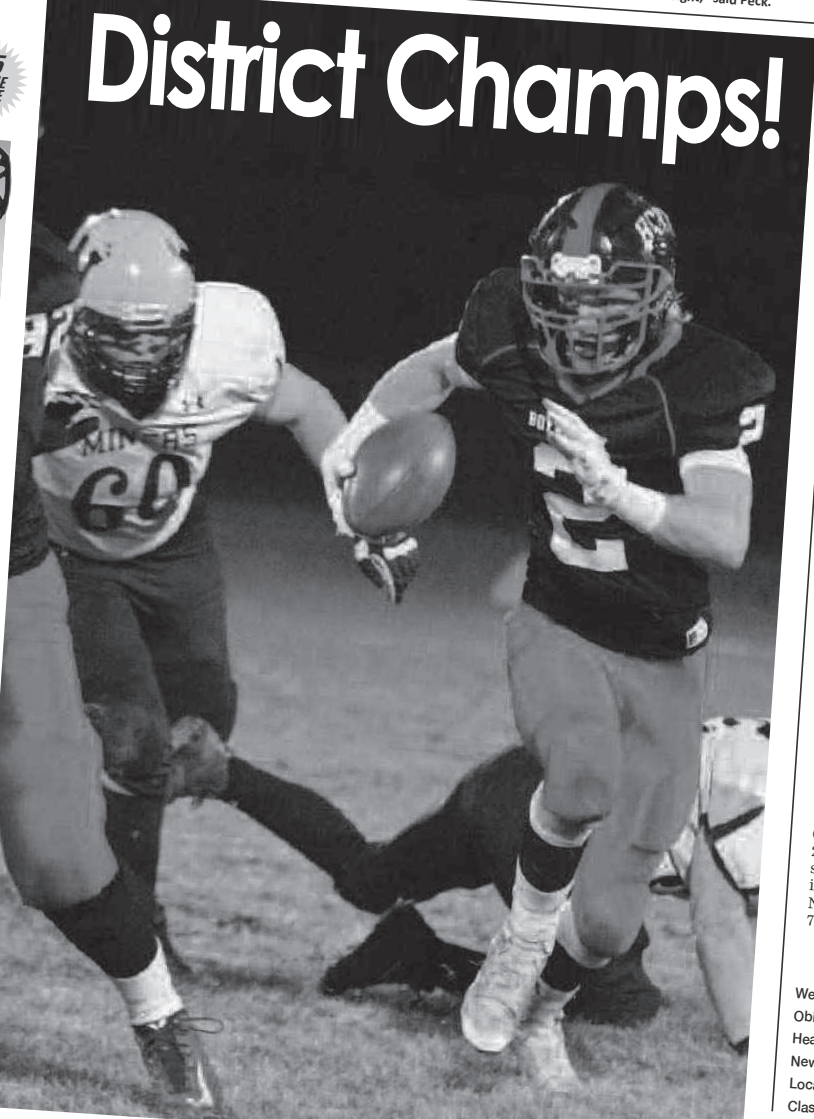


DDA Chairman Tom Teske, Entrepreneur Director with the Northern Lakes Economic Alliance Tom Erhart, Chamber of Commerce Director Mary Fac-Stevenson addressed an audience of community leaders at the third annual State of the Community Address Tuesday, November 11. "East Jordan's future is bright," said Peck.

**SPORTS**

**#5 IN THE STATE**

**BOYNE CITY 47 NEGAUNEE 0**



Boyne City's Luke Sage (2) follows an opening for another big gain. Sage finished with 63 yards on nine carries and a touchdown. Full Story in Sports. (PHOTO BY CINDA SHUMAKER)

## Boyne Area Community Christmas

"That no child in the Boyne area be without a Christmas"

Over the last 60 years your generous donations ensured thousands of Boyne area children had a merrier Christmas.

With the holiday season approaching we, the volunteers of Boyne Area Community Christmas, are asking for your support. All of your donations are greatly appreciated and can be in the form of non-perishable food items, new unwrapped toys, games or books. If you would like to donate monetarily, please make checks payable to Boyne Area Community Christmas and send them c/o Eleanor West, Treasurer at 915 Robinson Street #115, Boyne City, MI 49712. All donations can be dropped off at the Boyne City Education Center by using the Pine Street entrance. We will be accepting donations from November 19 until December 19, 9am to 4pm.

If you need any additional information, please contact Ruth Witek at (231) 582-3152 or (231) 758-2787. If you would like to submit the name of a child in need, please contact Nancy Hosmer at (231) 582-7246.

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# News

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## Boyer City and Charlevoix named Tree City USA

By Michelle Medjesky

CHARLEVOIX COUNTY - Two cities in Charlevoix County have again been named as a "Tree City USA" as part of a program launched by the National Arbor Day Foundation back in 1976.

Both Boyer City and Charlevoix were again on this year's list, which was recently released in honor of National Arbor Day on April 27th and also Earth Day on

April 22.

It was the 26th year Charlevoix qualified for the certification and the 14th year for Boyer City.

This latest listing ranks Charlevoix and Boyer City among 3,400 municipalities nationwide that have been officially designated as a "Tree City USA", according to the National Arbor Day Foundation, which started the program along with the National Association of State Foresters.

A community must meet

four standards to qualify as an official Tree City, USA, including that they have a tree department or specifically designated tree board and an established tree care ordinance. They must also have a community forestry program with an annual budget of at least \$2 per capita and an Arbor Day Observance and Proclamation.

Charlevoix Mayor Luther Kurtz did his due diligence at the April city council meeting by making a proclamation recognizing National

Arbor Day and Earth Day and reminding citizens how it's important they continue planting, caring for and protecting the city's trees.

Kurtz along also made a proclamation that was approved by the city council recognizing John Campbell for his "lifelong dedication" to the beauty and quality of life in Charlevoix and nurturing environmental sustainability.

Campbell, who has lived in Charlevoix some 40 years, helped bring about the city's

Shade Tree Ordinance and its Shade Tree Commission, on which he sat as chairman.

The mayor's proclamation states: "John Campbell has been instrumental in efforts to plant trees on Bridge Street downtown, place and replace lights on these trees, increase the planting of trees on the streets of



Boyer City will recognize Arbor Day and encourage tree planting by again hosting its annual FREE TREE Seedling Giveaway this weekend. Anyone can pick up a free tree seedling at Boyer City's City Hall on Lake Street on Saturday, May 5 from 7 a.m. until 4:30 p.m., or until supplies last.

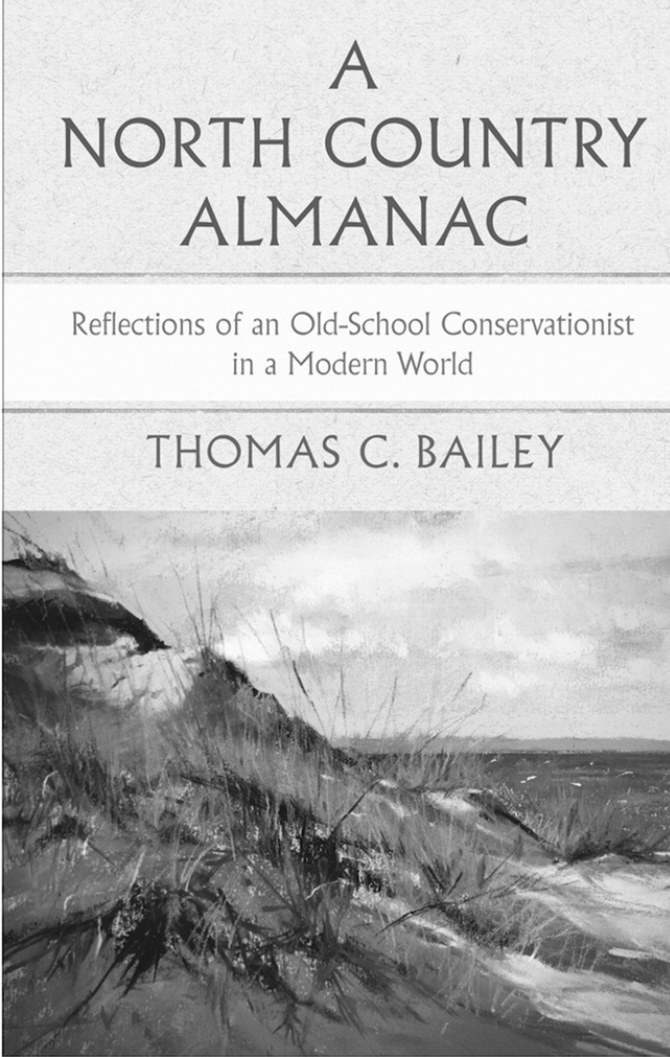
Charlevoix and to enhance the long term health of city-owned wooded lands."

## New book written longtime Conservancy Executive Director

The highly requested and much anticipated compilation of essays and newsletter columns by longtime Little Traverse Conservancy Executive Director Tom Bailey is hot off the press this month. A North Country Almanac: Reflections of an Old-School Conservationist in a Modern World, features previously-printed pieces seen in LTC's newsletters, as well as additional pieces he has written over the years. Artwork for the book was generously donated by Heidi Marshall, Tom's fiancée.

Books are available locally through the Conservancy office and local book stores. The printing cost for the book was generously underwritten by Ian and Sally Bund, meaning that 100% of the proceeds of books purchased through the Little Traverse Conservancy are given back to the Conservancy. Books can be purchased at the LTC website, www.landtrust.org, or through their office at 3264 Powell Road, halfway between Petoskey and Harbor Springs. You may also order by phone at 231.347.0991. Cost is \$25 + \$7.25 shipping.

From MSU Press: A North Country Almanac: Reflections of an Old-School Conservationist in a Modern World includes the musings of an independent mind on wilderness, the conservation ethic, and the joys of loving in the outdoors. Although a lifelong conservationist, Thomas C. Bailey has never unquestion-



The highly requested and much anticipated compilation of essays and newsletter columns by longtime Little Traverse Conservancy Executive Director Tom Bailey is hot off the press this month. COURTESY IMAGE

ingly accepted environmental dogma. The essays here often challenge familiar assumptions about stewardship of

natural resources. The former National Park ranger, fishing guide, and conservancy director offers a rich variety of per-

spectives on an interesting array of topics, returning always to his fundamental belief that conservation pioneers such as John Muir, Theodore Roosevelt, and Aldo Leopold had it right when they affirmed Walt Whitman's observation that "the secret of making the best person . . . is to grow in the open air and to eat and sleep with the earth."

From Author Jerry Dennis: "Tom Bailey knows northern Michigan and came by his knowledge the honest way: on foot, on showshoes, in a canoe. These thoughtful and passionate essays bring one of America's great places to life and reveal why it deserves our protection."

From Mary Sojourner, NPR commentator, columnist, and environmental and social justice activist: "Tom Bailey's writing is filled with his deep love of these northern lands, but A North Country Almanac is more than an appreciation. In his perceptions and his writing, Bailey becomes a shining reflection of dark tree lines against a winter sky; an eagle soaring above a solitary hiker; an elk slow-grazing in the summer heat. Tom Bailey understands the circle of life and takes his readers - be they conservationists, hunters, or both - on that journey."

There will be a book signing event on Wednesday, July 11 at 6pm at McLean & Eakin Bookstore in Petoskey.

## Sheriff looking for volunteers for Victim Services Unit

Sheriff Chuck Vondra is pleased to announce the Charlevoix County Sheriff's Office is looking for more volunteers to be a part of their Victim Services Unit (VSU).

The Unit consists of volunteers, called advocates, from the community who would be on-call to respond in pairs to situations such as natural deaths, suicides, and severe traffic accidents. The main role of an advocate is to be a temporary support system until a support system is in place for people during a tragedy.

Volunteers must complete a 20-hour training session conducted by the Michigan Sheriffs' Association (MSA). The training will cover a variety of topics ranging from grief training, effective communication skills, and law enforce-

ment protocols. MSA hosts four to six trainings a year in different locations every year. Once an advocate successfully completes the training, they are able to assist their Unit and Law Enforcement agencies within Charlevoix County. Volunteers are expected to be on-call five (5) 12-hour shifts a month based on their availability.

If you are interested in joining or would like more information on the Victim Services Unit, please fill out an application, which can be found on the Charlevoix County Sheriff's Office website under Divisions - Victim Services Unit, or call Sheriff Vondra or Coordinator Sarah Kaminski at 231-547-4461.

## Seasonal weight restrictions lifted for Lower Peninsula

As of 6 a.m. Monday, April 30, the Michigan Department of Transportation (MDOT) will lift weight restrictions from the southern Michigan border north to the Mackinac Bridge. Frost restrictions are still in effect and will be enforced on all state trunkline highways in the Upper Peninsula.

In the restricted areas, the following will apply:

- On routes designated as "all-season" (designated in green and gold on the MDOT Truck Operators Map), there will be no reduction in legal axle weights.
- On routes designated as "seasonal" (designated in solid or dashed red on the MDOT Truck Operators Map), there will be a posted weight reduction of 25 percent for rigid (concrete) pavements and 35 percent for flexible (asphalt) pavements.
- All extended permits will be valid for oversize loads in the weight-re-

stricted area on the restricted routes. Single-trip permits will not be issued for any overweight loads or loads exceeding 14 feet in width, 11 axles and 150 feet in overall length on the restricted routes.

County road commissions and city public works departments put in place their own seasonal weight restrictions, which usually, but not always, coincide with state highway weight restrictions. Signs are generally posted to indicate which routes have weight restrictions in effect.

For weight restriction information and updates, call 800-787-8960, or you can access this information on MDOT's website at www.michigan.gov/truckers, under "Restrictions." All-season routes are designated in green and gold on the MDOT Truck Operators Map, which is available online. You also may sign up to receive e-mail alerts.

## Paddle Antrim warns of cold water temperatures

While temperatures in Northern Michigan are warming up, Paddle Antrim warns paddlers to take precautions to protect themselves from heightened dangers of sudden, unexpected cold water immersion while on early season paddling outings.

"As our spring air temperatures are warming, the water temperatures are still cold and so paddlers need to take extra steps to protect themselves from the dangers of being suddenly swamped or stranded in cold water," Deana Jerdee, Paddle Antrim Executive Director said. "We want everyone to know the risks of cold water. We ask

paddlers to stay off the water until it warms or make sure to take the right precautions which may save your life."

Right now water temperatures are about 40 degrees and so a full immersion drysuit with insulating layers is necessary. Sudden immersion in cold water can cause gasping and inhalation of water and hypothermia, resulting in unconsciousness or swimming failure as muscles become numb. Wearing a life jacket may keep your head above water and support your body should your swimming ability fail or you become unconscious.

Should you ever find yourself in the water it is recom-

mended that you stay with - and preferably on top of - your boat. Never overestimate your swimming ability. All too often people underestimate the distance to shore or the effects of cold water and unfortunately drown while attempting to make it to safety.

Paddle Antrim makes the following recommendations to boaters heading out on the water:

- Always wear a properly fitted life jacket. Simply stated, life jackets save lives;
- Dress for the water temperature;
- Avoid boating alone and always let someone know where you are going and

when you expect to return. Have a cell phone or VHF radio accessible, in a watertight bag, should you need to call for help;

- Carry essential safety gear, signaling devices and whistles; and
- Refrain from using alcohol.

Finally, Paddle Antrim recommends that all boaters take a safety class. Paddle Antrim is offering classes for all types of paddle sports this year. Registration and more information can be found at www.paddleantrim.com/events or 231-492-0171.

## BOYNE CITY POLICE DEPARTMENT INCIDENT REPORT

**Monday, April 16, 2018**  
0002 Assist EMS in the 400 block of Front St.  
0142 Possible suicidal subject in the 400 block of Vogel,  
0451 Report of dog barking and running around in the street in the 800 block of Second St  
1210 Assist EMS in the 400 block of N Lake St  
1302 Report of older subject walking in E Main from Boyne Av in PJ bottoms and a jacket. Gone on arrival.  
1428 Report of vehicle in middle of street at Michigan and Charlevoix.  
1440 Parking violation in the 200 block of S Lake St

**Tuesday, April 17, 2018**  
1146 Property damage crash in the 100 block of S Park

St  
1154 Warrant arrest at Park and Vogel.  
1452 Assist EMS in the 400 block of Call St  
1945 Citation issued for Expired Plate. Vehicle was towed for no insurance. Bond violation also reported to Emmet Co Ct

**Wednesday, April 18, 2018**  
459 Parking violation in the 100 block of Water St.  
1025 Assist Attorney General's Office in the 400 block of State St  
1208 Threat against property received in the 200 block of E Lincoln.  
1504 Gasoline drive off from the 200 block of S Lake St.  
1554 Assist EMS in the 500

block of S Park St.  
1728 Assist citizen in the 200 block of S Park St.  
1741 Assist citizen in the 200 block of S Park St.  
1832 Suspicious situation in the 200 block of S Park St.

**Thursday, April 19, 2018**  
0925 Subject at PD with a suspicious letter.  
1215 Report of lost snowboard  
1321 Report of stolen wallet, credit card  
1418 Juvenile complaint in the 1000 block of Boyne Av  
1620 Report of lost key.  
1640 Report of a vehicle with loud exhaust speeding on Brockway.  
1803 Report of stolen TV in the 300 block of E Division St  
2126 Welfare check re-

quested in the 800 block of N Lake St.

**Friday, April 20, 2018**  
0017 Assist citizen in the 300 block of E Division St  
0703 Citation issued for speed at Boyne and Brockway  
0715 Driving complaint in the 300 block of Silver St  
1402 Report of IRS Scam calls  
1808 Vehicle stuck in the circle drive at Rotary Park  
1931 4 vehicle Hit and Run in the 200 block of Water St.  
2205 Assist Sheriff Dept. at Boyne Mountain.  
2301 Arrested subject for No Insurance on a stop at N. Lake near Vogel. Vehicle towed.

**Saturday, April 21, 2018**  
0715 Assist EMS in the In-

dustrial Park  
1653 Subject arrested on warrant at the PD.  
1915 Fire alarm activation in the 300 block of N Lake St  
1928 Assist EMS in the Industrial Park.

**Sunday, April 22, 2018**  
0038 Parking violation in the Alley behind Water St.  
0051 Citation issued for Fail to Stop in the 200 block of W Morgan St.  
0207 Arrested subject for OWI at Anderson and Marshall Rd  
1221 Assist EMS in the 400 block of Clark St  
1238 Juvenile complaint in the 100 block of W. Court St.  
1355 Juvenile complaint in the 100 block of W. Court St.  
1443 Report of stolen

scooter from the 200 block of E Water St  
1452 Report of a dog bite on E Main St  
1518 Report of dogs yelping and banging sounds in the 300 block of Silver St  
1537 Harassment complaint in the 300 block of E Division St.  
1604 Private property damage crash in the 400 block of N Lake St  
1630 Request for welfare check in the 300 block of Silver St  
1733 Baby bird found in the road and brought it to the PD.  
2113 Arrested subject for OWI and CPL violation in the 400 block of Front St

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# News

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DNR NEWS

## Gov's duck stamp and print now available

The Michigan Duck Hunters Association, in cooperation with the Michigan Department of Natural Resources, introduces the 2018 special Governor's Edition Michigan duck stamp and print.

The Governor's Edition Michigan duck stamp and print feature a pair of American wigeons in flight and Gov. Rick Snyder's signature. Only 100 copies of the Governor's Edition print will be available, for \$150 each. Governor's Edition prints each come with an artist-signed edition of the standard 2018 duck stamp and the special Governor's Edition duck stamp. Two hundred copies of the stamp will be sold at a price of \$25 each.

"Gov. Snyder has been a strong ally in wetland and waterfowl conservation in Michigan, supporting the funding of wetland mitigation banking and the creation of wetlands in areas where wetlands once oc-

curred," said DNR Wildlife Division Chief Russ Mason. "He understands the important role that natural resources, fish and wildlife play in guiding Michigan's economic recovery and growth."

In addition to the Governor's Edition stamp, a standard version of the 2018 Michigan duck stamp and print – featuring the artwork only, without the governor's signature – also will be available.

Christopher Smith, a wildlife artist from Suttons Bay, painted the 2018 Governor's Edition Michigan duck stamp. Smith also took first place in the 2016, 2014 and 2005 Michigan State Duck Stamp Contest, coming in second in 2013, and placed first in 2009 and 2014 for the Michigan Ducks Unlimited Sponsor Artist of the Year. He tied for seventh place in the 2016 Federal Duck Stamp Contest, and his entry currently is on national tour with the rest of the top 20

entries. Smith also painted the 2013 Print of the Year for the Ruffed Grouse Society.

The Michigan Duck Stamp Program, established in 1976, has become an icon for waterfowl hunters and wetland conservation enthusiasts. During the past 41 years, the program has gained popularity with collectors and conservation groups throughout the United States.

The Michigan Duck Hunters Association coordinates the Michigan Waterfowl Stamp Program in partnership with the Michigan DNR. It is a nonprofit organization dedicated to waterfowl and wetland conservation. Proceeds from stamp and print sales are used to fund the association's wetland habitat projects, with 10 percent used to match DNR funding for purchasing, restoring and enhancing wetlands.

Purchase of Michigan duck stamps and prints helps to ensure continued

conservation of wetlands and waterfowl habitat. To learn more about the Michigan Waterfowl Stamp Program and how to support conservation efforts in Michigan through the purchase of limited-edition, signed and numbered prints and collector-edition stamps, visit [michigan.gov/waterfowl](http://michigan.gov/waterfowl) (program information can be found under Additional Resources). Purchasing the stamps is voluntary and does not replace the state waterfowl hunting license.

The Michigan Duck Hunters Association will mail individuals who purchase a 2018 waterfowl hunting license a free copy of the standard 2018 stamp (subject to availability) if they send a self-addressed, stamped envelope with a copy of their Michigan waterfowl hunting license to: MDHA Waterfowl Stamp Program, P.O. Box 186, Kawkawlin, MI 48631.

## Drs. Oz and Roizen

Television's Dr. Oz and Cleveland Clinic's Dr. Roizen report on health, wellness and quality of life.



many others.

They all must contend with post-op pain management and the challenges of rehab if they're going to get back into the game. That's just like the 1.77 million of you who will rehab this year from a knee replacement, rotator cuff surgery or hernia repair.

But there's a catch, according to a new study presented at this year's Scientific Summit of the American Pain Society. For everyday athletes (including those of you getting your 10,000 daily steps) it's difficult to get the post-op pain management you need in order to heal rapidly and endure rehab. That's because too often nurses take you at your word when you rate your pain level. According to one of the study's authors: "We're sometimes fixated on this number scale. ['Please, rate your pain 1 to 10.'] ... We really need to go back to that patient and say: 'Are you satisfied?' 'Can you tolerate this for a long period of time?'"

Generally, that's not happening, so you or a family member should be prepared to give more info to your nurses. ("It's OK now, but it won't be if it persists.") Then you'll get more effective pain management (usually not narcotic-based), heal faster and need less pain medication in the long run. That's a rebound that back-in-the-lineup Cavalier Kevin Love would appreciate!

\*\*\*

Mehmet Oz, M.D. is host of "The Dr. Oz Show," and Mike Roizen, M.D. is Chief Wellness Officer and Chair of Wellness Institute at Cleveland Clinic. To live your healthiest, tune into "The Dr. Oz Show" or visit [www.sharecare.com](http://www.sharecare.com).

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## Toddlers need to toddle healthfully

"Toddlers & Tiaras" is the often-unsettling reality show about the competitive world of childhood beauty pageants and the fanatical parents who fuel the competitions. While we don't advocate parents putting kids under that kind of microscopic scrutiny, a recent Columbia University study shows the need for parents to be more vigilant about what they're letting their toddlers eat.

Turns out a child's risk for developing non-alcoholic fatty liver disease can start as early as age 3 if the child is overweight. In fact, 70 to 80 percent of obese children have NAFLD.

A study published in the Journal of Pediatrics found that an increase of about 4 inches of waist circumference at age 3 doubled the odds of a child developing NAFLD or elevated liver enzymes by age 8. That causes liver damage later in life and is associated with insulin resistance and development of Type 2 diabetes.

The good news is that overweight kids who have elevated liver enzyme levels can reverse the damage and eliminate their risk for developing Type 2 diabetes. The researchers suggest that weight management via regular exercise and eating

fewer highly processed foods can combat the risk of fatty liver. Danish researchers have shown that kids who return to a normal weight by age 13 have liver enzymes and insulin resistance levels of people who've never been overweight. So, don't think excessive chubbiness in your toddler is sweet or cuddly; it's a red flag that it's time to help your child reclaim a healthy future.

## You may be sleeping more than you think

Off-Broadway, "Sleepwalk With Me" was Time-Out's Show of the Year in 2008, and in 2012 the movie version won a Sundance Film Festival NEXT Audience Award. Seems everyone loved comedian Mike Birbiglia's tale of lost love and his ever-worsening REM disorder that caused him to engage in bizarre activities while snoozing: attacking a hamper, waltzing naked through hotels, meandering outdoors, risking life and limb.

Such behavior is not so uncommon. A 2012 study found that more than 8 million Americans are sleepwalkers, who act like they're awake but are totally unaware of what they're doing.

What about folks who have chronic insomnia and swear that they're awake when they are, in fact, sleeping? Sounds strange, but it's

characteristic of almost anyone with chronic sleep issues. Now researchers know why. For a new study published in the journal Sleep, researchers tracked the brain activity of 32 people with insomnia and found that, after falling asleep, they still showed high activity in the areas of the brain tied to consciousness.

So if you feel like you're tossing and turning all night, the researchers suggest that cognitive behavioral therapy and perhaps medication can let you appreciate the sleep you do get and increase its quality. You also might try a sleep tracker. Brown University tested 10 of them and found that the "Fitbit Alta seems to be the most accurate ... in terms of sleep versus awake data." It might help you feel more rested just to know that you actually are sleeping.

## Making sure you get appropriate pain management post-op

The list of NBA players' injuries this season is astounding: Golden Stater Steph Curry (ankle, ankle, ankle, MCL of knee), Boston Celtic Kyrie Irving (knee), 76er Joel Embiid (broken eye socket) and

## Hunting morels is a springtime tradition

BY ANDY EVANS

### MICHIGAN DEPARTMENT OF NATURAL RESOURCES

GAYLORD – It was early May, and a certain spring activity was on my mind – looking for some tasty morel mushrooms in the beautiful hardwood forests of northern Lower Michigan.

As that Friday's work shift was drawing to a close, I thought about places on state-managed land that I might find a new "honey hole" – a spot covered with morels.

A new weekend adventure would soon be at hand, and an amazing forest with rolling hills awaited. We are quite fortunate here in Michigan, having over 4.6 million acres of state land to explore.

The next morning, I grabbed my compass, jackknife and mesh bags and then headed for the woods. That hunting spot I had in mind turned out to need one more warm rain, so no mushrooms had popped up that night. I did find a nice deer run, however.

Truth be told, every morel hunt is ultimately a success, as you always find plenty of fresh air and sunshine in Michigan's great outdoors.

### Aiding the hunt

The key to putting me in the right area was an interactive map application maintained by the Michigan Department of Natural Resources called Mi-HUNT ([www.mi.gov/mihunt](http://www.mi.gov/mihunt)).

I learned about Mi-HUNT through my work at the DNR's customer service center in Gaylord, and I often recommend it to our customers. This mapping tool delivers a wealth of information right to your computer or mobile device.

When looking for morel mushrooms, I often target hilly areas covered in hardwoods, along with burn scars from recent forest fires. Mi-HUNT provides customized maps of state-managed land, showing ash and other upland deciduous tree cover types.

Mi-HUNT has topographic maps and maps that show what types of trees are on state-managed land, as well as aerial photography for any area you zoom in on. You can also find more DNR information to target morel mushrooms at Mi-MORELS ([www.michigan.gov/mimorels](http://www.michigan.gov/mimorels)).

The Mi-HUNT tool lets users include or exclude layers of information on the maps they view. These layers include recreational facilities, trails, hunting lands, cover types, township, range and sections.

Base maps include 7.5-minute topographic quadrangles and aerial photos depicting leaf-off conditions from 1998, provided by the U.S. Geological Survey, and 2009 leaf-on images from the National Aerial Imagery Program. To help a user's research, a guide on the left side of the Mi-HUNT page indicates how densely wooded a place will be, indicated by numerical value, and what type of trees dominate the area, shown with a

color. Mi-HUNT maps also show contour lines to help users find the hills and other elevation highs and lows. From viewing the Mi-HUNT map screen, I was able to locate hillsides with ash and other hardwoods. A morel primer

If you have never tried morel mushrooms, you might want to explore their culinary power. Some people describe them as nutty, some say meaty – but most agree the morel truly is unique.

They can be added to many dishes, sautéed in butter and onions, or fried. You will be rewarded with a great dish to share with family and friends, from Michigan's natural wild bounty.

If you have never collected morels before, here are some tips for the first-timer:

Remember to bring your compass or GPS unit, and plan a route that will bring you back to your vehicle. Remember to let someone know where you will be that day – let's call that filing your "mushroomer plan" for safety.

Always cut or pinch the mushrooms off at ground level, to protect the lower portion of the fungus and ensure mushroom regrowth in future years. Pulling them out can do permanent damage. This is where a jackknife comes in handy.

For that same reason, and to maintain a good nourishing layer of leaf litter, you should never rake an area for morels or drive an off-road vehicle cross country. For more information on using ORVs in Michigan, you can visit

[www.mi.gov/orvinfo](http://www.mi.gov/orvinfo).

Using a mesh bag (such as an onion bag) will allow your collected morels to stay drier, versus using a paper or plastic bag.

Most important of all – know what you are eating! You will need to know the difference between a "true" morel and the "false morels," such as beefsteak mushrooms which are poisonous. Try to work with an experienced morel mushroom hunter. In addition, there is a very good mushroom identification booklet available on the U.S. Department of Agriculture website. Note that the true morels are hollow when sliced open lengthwise, and that the bottom edges of their caps are attached to the stem.

More Mi-HUNT help

Are you new to using interactive maps, or are you new to Michigan? Mi-HUNT is ready to help you plan all kinds of outings.

The Mi-HUNT webpage has video tutorials to help users quickly get up to speed on using the application, whether they are mobile users or using a desktop or laptop computer.

The webpage also provides useful links to other information on wildlife viewing, public hunting land maps, game areas, waterfowl hunting, and downloadable geographic data.

For those looking to improve their chances while on the hunt, be it for morels, deer, fish, camping, hiking and more, a good place to start is Mi-HUNT.

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# News Briefs

## BOYNE CITY

### ARBOR DAY SEEDLING GIVE-AWAY

May 3, 7:30am-4:30pm, Boyne City Hall. This year the city will be giving away White Pine, White Spruce, Colorado Blue Spruce, Elderberry Bushes, and Butterfly Bushes. Come early for the best selection. We are asking that each individual limit their selection of trees to a total of two bundles. For additional information about any of the tree programs offered by the city, please contact Andy Kovolski, Superintendent of the DPW at (231) 582-6597.

## CHARLEVOIX

### NATIONAL DAY OF PRAYER GATHERING

May 3, noon, East Park at the flagpole. Everyone welcome. For information visit [www.facebook.com/groups/PraYCharlevoix2018](http://www.facebook.com/groups/PraYCharlevoix2018).

### HARBOR SPRINGS Annual Instant Wine Cellar Fundraiser

May 4, 6:30pm, Zoo Bar at Boyne Highlands. There will be plenty of wine and beer available for the raffle through attendees - all to raise money to bring free books to children in Emmet and Charlevoix counties! Entry to the event is \$5 and either a (\$20 value) bottle of wine or a six-pack of craft beer, or just \$25 per person. This is the second year the Instant Wine Cellar is supporting Dolly Parton's Imagination Library, and the first at the ZOO BAR. Visit [charemunitedway.org](http://charemunitedway.org)

## EAST JORDAN

### SALAD AND SOUP LUNCHEON

May 4, 11am-1pm, East Jordan United Methodist Church. The East Jordan United Methodist Women will serve an all you care to eat Salad and Soup Luncheon featuring dozens of delicious salads, several soups, rolls, desserts, and beverages. The cost for the luncheon is \$7 with children 5 and under free. Proceeds from the luncheon benefit local East Jordan outreach projects. The church is located at the corner of 4th and Esterly in East Jordan.

## BOYNE CITY

### BUFF UP BOYNE

May 5, 9am-Noon. The community clean-up event is organized every year by the Boyne City Main Street Program and it will start in Sunset Park, behind the Chamber building. Doughnuts will be provided in the morning, courtesy of Family Fare, and a hot dog cookout will round out the morning, courtesy of Todd Meier and Dearborn Sausage. Volunteers are asked to bring their own tools, such as brooms, rakes, shovels and gloves. Some supplies will be available to borrow.

## BOYNE CITY

### FUN WALK FOR AUTISM AWARENESS

May 5, 10am, Veteran's Memorial Park. North Country Community Mental Health is sponsoring its 7th Annual Fun Walk for Autism Awareness. On-site registration begins at 9am and the "Fun Walk" begins at 10am (approximately a half mile in length). Registration fee is \$10. All participants will be entered in a drawing for a chance to win one of many great prizes including gift cards and special give-a-ways. Must be present to win. For further information or to register contact Heather Smith at 231-347-9605 x3607 or [hsmith@norcocmh.org](mailto:hsmith@norcocmh.org) or visit [www.norcocmh.org](http://www.norcocmh.org) to access the registration form and information.

## BOYNE CITY

### KENTUCKY DERBY FUNDRAISER

May 5, starting at 3:30pm (race starts at 6:46pm), Stiggs Kitchen and Brewery, 112 South Park Street. Stiggs Brewery & Kitchen and Northern Michigan Equine Therapy team up to raise funds for horse therapy scholarships to benefit youth in our community. Event includes 50/50 interactive Derby raffle, silent auction, hat contest, food and drink specials.

## BOYNE CITY

### FRESHWATER CONCERTS PRESENTS THE MAMMALS

May 5, 8pm, Freshwater Art Gallery 217 S. Lake Street. Americana Quintet from Woodstock, New York, perform for Freshwater's final concert of the season. The Mammals' holistic approach to life and music is refreshing. Their songs and stage banter are 100% down to earth, they tour as a family, and they produce a community music festival near their home in Woodstock, NY twice a year called The Hoot. Remember to bring an item for our food pantry collection box. Tickets are \$30 in advance. Call to reserve 231-582-2588.

## CHARLEVOIX

### CHARLEVOIX CAMEL CUP

May 5, Noon-6pm, Charlevoix Elks #2856, 12735 US 31 N. The Camel Cup is a giant game-board race where the dice are rolled and the corresponding camel moves forward on the board. The camel that makes it to the end first wins and money is paid out to those betting on that camel. There are six races leading up to the final race where the six largest earning camels compete for the coveted Camel Cup. All proceeds raised fund the Bridge Drop New Year's Eve celebration. To sponsor a camel or to get more information email [amanda@visitcharlevoix.com](mailto:amanda@visitcharlevoix.com).

## BOYNE CITY

### DOUBTS ABOUT GOD DISCUSSED

May 6, 6:30pm, Lifetree Cafe, 401 S. Park Street. The program—titled "Where Is God When Life Turns Tough?"—features a filmed interview with John Stumbo, a former pastor and marathon runner who suffered a sudden, life-threatening illness that attacked his entire muscular system. During the program, Lifetree participants will have an opportunity to discuss times in their own lives when they've doubted God. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church, 401 S. Park St. Use the Pine St. entrance.

## PETOSKEY

### GLCO SUNDAY RECITAL SERIES PRESENTS THE CUMMINGS STRING QUARTET

May 6, 4pm, Emmanuel Episcopal Church, 1020 E. Mitchell. Featuring David Reimer (first violin), Cheryl Zetterholm (second violin), Kim Teachout (viola) and Elizabeth Bert (cello). Free will donation.

## ELLSWORTH

### SPRING FLING FASHION SHOW, LUNCHEON AND SILENT AUCTION

May 7, noon, Tapawingo, 9502 Lake Street. Hosted by A Matter of Taste. Tickets are on sale now - \$20 per person. Proceeds will feed families in need.

## EAST JORDAN

### KICK-OFF FOR SUMMER OPEN HOUSE MEETING

May 8, 9am, Community Center. Business owners and managers are invited to a discussion about this upcoming event, scheduled for June 7. The event will celebrate all of our new businesses, available commercial opportunities both for sale or rent and our many successful long-time businesses as we head into the summer season of 2018.

## HARBOR SPRINGS

### BIRDING TRAIL & CONSERVATION EFFORTS PRESENTATION

May 8, 7pm, Northern Lights Recreation, 8865 Harbor Petoskey Rd. (M-119). Petoskey Regional Audubon Meeting features Pam Grassmick and her presentation about the Beaver Island Birding Trail and Beaver Island Conservation in Action. She shares the natural resources, recreational opportunities, Memorial Weekend's Warblers on the Water events, and the island's birding trail. More information on the Beaver Island Birding Trail can be found at: <http://www.beaverislandbirding-trail.org> The program is free and open to the public.

## BOYNE CITY

### VETERANS APPRECIATION DAY

May 9, 8am-5pm, American Legion Earnest Peterson Post 228, 302 S. Lake Street. Area schools bring their students for a hands-on display of military equipment and vehicles. All branches of the military and law enforcement are available to answer questions. Each year several hundred students attend this event and can see everything in about 90 minutes. Each visitor receives a copy of the Declaration of Independence and the Constitution of the United States of America along with a flag off the grave of a veteran. The event is open to the public.

## BOYNE FALLS

### NLEA ANNUAL LUNCHEON

May 11, 11:30am-1:30pm, Boyne Mountain. Joe Short, founder of Short's Brewing Company, will be the keynote speaker as an expected 700 guests involved in the economic vitality of our area get together for an exciting luncheon. The Northern Lakes Economic Alliance hosts this celebration of regional economic development featuring live entertainment, prestigious awards and recognition, and plated lunch. Individual tickets are \$25, and \$250 for a table of 10. Register at [eventbrite.com](http://eventbrite.com).

## EAST JORDAN

### 50TH ANNUAL EJ LIONS CLUB MOTHER DAUGHTER BANQUET

May 12, 6pm, East Jordan High School. Dinner will be prepared by Chef Joe Krumholz of the Jordan Inn. East Jordan Lions Club members with the help of family and friends will serve the dinner. 2018 Miss East Jordan Madilynn Steltzner will be the Mistress of Ceremonies. Past Mothers of the Year will be recognized, and the 2018 Mother of the Year will be announced. Tickets are available at the door or from any East Jordan Lion. Prices are \$8 for adults, \$4 for students; preschool children will be admitted free of charge. Doors will open at 5:30 pm.

## CHARLEVOIX

### MDOT US 31 ROAD PROJECT OPEN HOUSE

May 15, 4-8pm, City of Charlevoix Council Chambers, 210 State Street. A drop-in open house to discuss a lane conversion (road diet) within a road improvement project on US 31 from Barnard Road to the Mercer Road area (excluding the bridge) in the City of Charlevoix. The open house will have the road project plans displayed for review with the opportunity for residents, commuters, organizations, agencies, and business owners to ask questions and provide comments to MDOT staff. For more information, please contact James Lake, MDOT office of Communications, 906.250.0993 or [lakejl@michigan.gov](mailto:lakejl@michigan.gov)

## EAST JORDAN

### CHAMBER'S 17TH ANNUAL SPRING CELEBRITY DINNER

May 15, 5:30-7:30pm, Landing Restaurant. Come enjoy one of five Landing menu favorites and special \$5 Landing Signature Cocktails. Featured celebrities include past and present East Jordan and Banks Township Citizens of the Year. Fifty-percent of the dinner and all tips will benefit the East Jordan Area Chamber of Commerce. Only 140 tickets will be sold. \$20 for adults and \$10 for children. Call the Chamber at (231) 536-7351 or email [info@ejchamber.org](mailto:info@ejchamber.org) for tickets and information.

## PETOSKEY

### FREE SKIN CANCER SCREENING

May 16, 4-5:30pm, Dermatology Associates of Northern Michigan located at 4170 Cedar Bluff Drive. In recognition of Skin Cancer Awareness Month, McLaren Northern Michigan is teaming up with a local dermatology practice to offer northern Michigan residents free skin cancer screening.

## BOYNE CITY

### ANNUAL CRAFT BEER BLOCK PARTY

May 17, 5-9pm, downtown. The 4th Annual Craft Beer Block Party will kick off the 58th Annual National Morel Mushroom Festival again this year. Again this year, we'll have a great band, lots of delicious food and of course, craft beer and wine.

## BOYNE CITY

### MOREL FESTIVAL

May 17-20. Highlights include an Arts & Crafts Show, Carnival Rides, Morel Outdoor Recreation Show, Guided Mushroom Hunt, Wine & Dine Gourmet Dinner, Competitive Mushroom Hunt, The Taste of Morels and the Great Morel Giveaway. Full schedule at [www.morelfest.com](http://www.morelfest.com).

## CHARLEVOIX

### SECOND ANNUAL JOPPA 5K

May 19, 8am, Michigan Beach Park. Runners and walkers are welcome. There will be a free One Mile Fun Run on the beach at 9:00am, making this a great family event. Timing provided by Endurance Evolution. Register online at [runsignup.com](http://runsignup.com). Proceeds benefit Joppa House Ministries, a 501c3.

## CHARLEVOIX

### YOUTH DAY AT THE CHARLEVOIX ROD AND GUN CLUB

May 19, 10am-4pm (rain or shine). Join us for archery (ages 5-16), 22 rifle (ages 10-16), shotgun (ages 10-16) and a fishing pond (ages 5-16, some equipment provided or bring your own). Education opportunities include furs and feathers provided by the Michigan DNR. Light lunch will be provided. Youth are to be accompanied by a parent/guardian during the event. Fish Provided by the Jordan River National Fish Hatchery. If you have any questions, call the Charlevoix Rod and Gun Club at (231) 547-2785, or Paul Haver at (231) 582-7739. If either of these lines are not answered, please leave a message. The Club is located at 11330 US 31 Highway North.

## EAST JORDAN

### RUSS MAWBY SIGNATURE

## SERVICE PROJECT

May 19, 9am-3pm. Come join AmeriCorps members for a day of service in and around the community of East Jordan. Volunteers are needed to complete projects such as river clean-up, park beautification, trail clearing, brush clean-up and more. Lunch is included. Register to volunteer at [surveymonkey.com/DDNZ7X3](http://surveymonkey.com/DDNZ7X3). For more information contact Alison Mellon at (231) 547-9947.

## PETOSKEY

### CAMP DAGGETT SUPPORT DAY AT GRANDPA SHORTER'S

May 19, 9am-6pm. Twenty percent of all purchases will go to the C. G. and Ruth Shorter Memorial Scholarship Fund at Camp Daggett. Each year, Grandpa Shorter's Gifts designate two Saturdays to raise money for area youth for camp scholarships. In 2017, they donated \$2,650.31 to Camp. The fall Grandpa Shorter's Day will be on Saturday, October 6. For more information about Camp Daggett, call 231-347-9742 or visit [www.campdaggett.org](http://www.campdaggett.org).

## BOYNE CITY

### HOMOSEXUALITY AND FAITH CONSIDERED

May 20, 6:30pm, Lifetree Cafe, 401 S. Park Street. The program, titled "God and Gays: An Hour of Civil Conversation," features the filmed stories of Jeff Chu, author of Does Jesus Really Love Me? A Gay Christian's Pilgrimage in Search of God in America, and Christopher Yuan, author of Out of a Far Country. During the program, Yuan, a professor at Moody Bible Institute, shares his story of finding a Christian faith and wrestling with his sexuality as a gay man. Participants in the Lifetree program will have an opportunity to discuss issues relating to homosexuality and faith in a safe, caring environment. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church, 401 S. Park St. Use the Pine St. entrance.

## HARBOR SPRINGS

### GLCO BACH'S FAMILY FESTIVAL CONCERT

May 20, 3pm (pre concert talk), 4pm (performance), First Presbyterian Church, 7940 Cemetery Road. Rescheduled from an earlier date. Bach's Family Festival performed by Great Lakes Chamber Orchestra. This years performances include all your Bach favorites and more! J.S. Bach - Suite No. 2 BWV 1068, Bonnietta Benn, flute soloist; J.C. Bach - Concerto for Viola and Orchestra; C.P.E. Bach - Symphony in C, H.649, Libor Ondras, viola soloist; Tickets (\$25) will be available at area chambers of commerce or online at [www.glorchestra.org](http://www.glorchestra.org) or contact the Great Lakes Chamber Orchestra office at (231) 487-0010.

## ELLSWORTH

### REGIONAL BUSINESS AFTER HOURS

May 22, 5:30-7:30pm, Antrim Dells Golf Club and Sunset Grill. The three Chambers of Commerce in Charlevoix County will hold their "Swing Into Summer" Regional Business After Hours. For the past 20 years, the Boyne, East Jordan and Charlevoix Area Chambers of Commerce have teamed up to host this joint Business After Hours to provide networking opportunities for the entire county. \$10 admission includes Enhanced Food, DJ, Drawings and Networking. Cash Bar.

## CHARLEVOIX

### HOSPITALITY TRAINING

May 22, 5-8pm, Charlevoix Public Library. Carlin Smith, President of the Petoskey Regional Chamber of Commerce is one of the founders and facilitators of Hospitality the Little Traverse Way, a customer-service training program with a mission of elevating the service culture of the region. This highly acclaimed program will be a great way to kick off the summer season. This workshop will walk you through how to be effective in hospitality while having fun. Free. To register call Charlevoix Public Library (231) 237-7340 of online at [tinyurl.com/ybgl2zrv](http://tinyurl.com/ybgl2zrv). Light meals will be provided.

## EAST JORDAN

### FLOWER PLANTING

May 23, starting at 4pm. We will be continuing with the red geraniums this year and adding in a splash of white vinca to the mix. We are partnering with the Late Bloomers Garden Club and Joe Shear Service this year to help with maintenance and keep our boxes looking great through the entire season, but we still need your help for planting! Please RSVP to Amanda to let her know.

## BOYNE CITY

### BRITISH LEGENDS BENEFIT CONCERT

May 25, 8-10pm, Performing

Arts Center. If you like live concerts and enjoy the music of Paul McCartney, Elton John, Robert Plant/Led Zeppelin and Adele, you'll love this concert. All proceeds from this fundraiser concert are used to complete major renovations to Boyne City's community center building next to Roberts Restaurant. The building is being renovated as the group's funds allow since the non-profit community center organization operates debt free. Reserved seat tickets for the British Legends Tribute concert can be purchased at Boyne City Hardware for \$32 or \$35 or online at [www.Legends4.com](http://www.Legends4.com)

## EAST JORDAN

### BREEZEWAY GARAGE SALE

May 25 & 26, 9am-4pm. Residents, businesses and organizations all along the C-48 "Breezeway," from Atwood to Ellsworth to East Jordan to Boyne Falls are participating in our 9th annual Breezeway Garage Sale. New this year... East Jordan Sno-Mobilers, Inc. are participating on Saturday with a Snowmobile/Anything Goes Swap Meet and Yard Sale. Visit [www.ridethebreezeway.com](http://www.ridethebreezeway.com) for additional information.

## EAST JORDAN

### ANYTHING GOES SWAP MEET AND YARD SALE

May 26, 9am-4pm, East Jordan Sno-Mobilers Cub. Part of the Garage Sales Across the Breezeway. Bring out your snowmobile parts, gear, etc. to sell, swap or trade. Bring tractors, clothing, household goods or whatever you would like. Sites will be \$10 for Sno-Mobile Club Members, \$20 for non-club members. Spaces can be as large as you need. Camping is also allowed on the property so you can set up on Friday if you want. For more information contact Connie at 231-536-2944 or Kelly at 231-313-9868

## BOYNE CITY

### TEEN SUICIDE DISCUSSED

May 26, 6:30pm, Lifetree Cafe, 401 S. Park Street. The program—titled "Exploring Teen Suicide: A Necessary Conversation"—features a filmed interview with Shay Black, a woman whose son unexpectedly took his own life. During the program, Lifetree participants will have an opportunity to discuss what could be contributing to the epidemic of teen suicide. Admission to the 60-minute event is free. Lifetree Café is in the First Presbyterian Church, 401 S. Park St. Use the Pine St. entrance. Join us for the monthly potluck beginning at 5:30 sharp. Bring a dish to share.

## CHARLEVOIX

### HOSPITALITY TRAINING

June 7, 7:30-10:30pm, Charlevoix Public Library. Carlin Smith, President of the Petoskey Regional Chamber of Commerce is one of the founders and facilitators of Hospitality the Little Traverse Way, a customer-service training program with a mission of elevating the service culture of the region. This highly acclaimed program will be a great way to kick off the summer season. This workshop will walk you through how to be effective in hospitality while having fun. Free. To register call Charlevoix Public Library (231) 237-7340 of online at [tinyurl.com/ybnmzdbl](http://tinyurl.com/ybnmzdbl). Light meals will be provided.

## BOYNE CITY

### INDOOR FARMERS MARKET

Saturday, 9am-noon. Boyne City Indoor Farmers Market is located in the main lobby area of the new City Facilities Building, which is right next to the summer market location in Veterans Park. Admission is \$18, which gets you a souvenir glass and five tasting tickets; extra drink tickets are available for purchase at the event, two for \$3.

## BOYNE CITY

### SPRING LEAF PICKUP

May 7 - June 8. The City will pick up leaves during the above scheduled times only. After the scheduled date, citizens will be responsible for their own leaves. Please set bagged leaves curbside anytime after the first day of pick up, in biodegradable paper bags. City crews will pick up bags on Monday and Fridays only. If your bags have been out for an extended period of time and have not been collected, please notify City Hall at 582-6597. Biodegradable paper bags are available at Boyne City Co-Op and Ace Hardware. Please put only leaves in bags as they are not strong enough to hold sticks, sand, or stones, and will tear upon lifting. Brush will not be picked up curbside, but may be brought to the North Boyne Compost Site. You may haul your own leaves, either bagged in biodegradable paper bags or unbagged, to the compost site on Robinson Street, open seven days a week for your convenience. City Ordinance prohibits depositing leaves or other yard waste in

the street.

## CHARLEVOIX

### WELLNESS WORKSHOPS

Held at Munson Healthcare Charlevoix Hospital Wellness Workshop, 411 Bridge Street. Call (231) 437-3482 for more information.

- Hatha Yoga, every Monday and Friday 7:30-8:30am. The yoga sequences, along with breath work and relaxation techniques will assist in building strength, stamina, flexibility, balance, and increasing body awareness. The use of props, blocks, or blankets make poses easily modified to suit the individual. All levels of fitness are welcome and modifications will be provided as needed. The class is taught by Lisa Hepner is a licensed physical therapist assistant with Munson Healthcare Charlevoix Hospital.

- Wellness Wednesday, every Wednesday from 8am-11am. Health screens include: Total Cholesterol, HDL, TC/HDL Ratio, Glucose Level, Body Mass Index Score, Muscle and Fat Percentages, and a Blood Pressure Reading. No fasting is required. However, if you are fasting and LDL and Triglyceride reading can also be obtained. Cost for the service is \$15. Hemoglobin A1C Levels can also be done for known or borderline diabetics for an additional \$10. Participants will receive all test results at the time of the screening and a "Know Your Numbers" log to track progress. A Registered Nurse will adapt health consultation and educational materials to individual results. Walk-ins only, no appointment required.

- Full Body Toning Exercise Class, every Thursday from 5:30-6:30pm. The first class is free as are all yoga and strength training classes. If you enjoy your first class, low-cost punch cards available and are good for any of our classes. Call (231) 437-3482 for more information or email [chx-wellness@mhc.net](mailto:chx-wellness@mhc.net) to have our calendar emailed to you monthly.

## BOYNE CITY

### FREE COFFEE, DOUGHNUTS & LUNCH FOR VETERANS

The community of Boyne City will be hosting a free social gathering for all veterans from 9 to 11 a.m. on the fourth Tuesday of the month at the Boyne Area Senior Center. Coffee and doughnuts will be donated by supportive area businesses. The senior center will also offer free lunches to all veterans on the fourth Tuesday of the month, starting in January. The senior center is located at 411 E. Division St.

## CHARLEVOIX

Hospice of Northwest Michigan invites you to join our Monthly adult grief, loss & bereavement support group, which takes place the 2nd Sunday of each month from 4-5pm at the First Baptist Church, 6781 M66 North. This program is open to anyone in our community looking for assistance in their grief process and is facilitated by Rev. David Behling. There is no charge to attend. Please feel free to call Hospice at 231-547-7659 to register or for more information.

## NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan provides counseling and support services at no cost to survivors of domestic abuse, sexual assault, child abuse, child sexual assault and adults molested when they were children. Support services include crisis counseling, individual counseling, support groups, trauma therapy (EMDR), play therapy for children, safety planning, advocacy and resources/referrals. If you or someone you care about has been a victim of crime, contact the WRNCM's main office at (231) 347-0067.

## NORTHERN MICHIGAN

Women's Resource Center of Northern Michigan offers free playgroups for children 0-60 months and their preschool-age siblings. Playgroups help you learn about your child's developmental stages, learn new children's games/activities and share parenting concerns/experiences with other parents and the playgroup facilitator. Playgroups are held in various northern Michigan communities. For current playgroup locations/times, visit [www.wrncm.org](http://www.wrncm.org) or call (231) 347-0067.

## BOYNE CITY

### BOYNE DISTRICT LIBRARY PROGRAMS

- Toddler Tales & Tunes every Monday at 10am and Preschool Storytime every Tuesday at 10am. Check website for any date changes. No registration is required.

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## Northern Michigan Outdoors

# The Essential Six: Part 2 (or Fabulous Flies: Part 2)

BY PATRICK BEVIER

*“So cast your fly onto this ‘river of sand,’ with luck a plump brookie will soon be in hand.”*

~“An Ode for the Au Sable Angler” by Patrick Bevier

Last week’s column meandered towards the, “essential six” trout flies that Up North fishing guides would start with if they only had that many to choose from. It featured two extremely successful anglers in Ethan Winchester of Boyne Outfitters guide service and Brian

Kozminski of True North Trout guide service. This week’s column is part 2 of that feature and highlights picks from Au Sable River anglers Josh Greenberg and Will Schoenith. Here’s what those gents had to share:

**Greenberg, the personable owner of the iconic Gates Au Sable Lodge near Grayling (gateslodge.com) has been fishing all branches of the storied river and birthplace of Trout Unlimited for decades. When posed with the query about his “essential six” here’s what he offered:**

**Borcher’s Parachute:** Greenberg shared, “Just a killer general ‘don’t know what else to fish with’ dry fly.”

**Rusty’s White Knot:**

a large mayfly imitation that is the product of the vise-artistry of the late, great Rusty Gates. The founding father of the Anglers of the Au Sable organization tied this pattern to imitate *Isonychia* species mayflies that are a favorite of large trout. Greenberg said, “It’s June, it’s 7 pm, this is what I’m fishing with!”

**Adams Parachute:** This is a catch-all mayfly-imitating dry fly. Josh added, “This is a great morning and daytime fly throughout much of the season.”

**Parachute Patriot Fly (regular and purple varieties):** Greenberg recommended using the regular patriot dry fly on hot summer days and the purple in May at all times of the day.

**Bead-Head Pheasant Tail:** This is a terrific all-purpose nymph pattern with plenty of sink and flash and can be used all year to entice trout feeding beneath the surface.

**Circus Peanut:** This is a big, showy streamer that, according to Greenberg, “can be fished at a number of different speeds and depths, in big water or in small water.”

William Schoenith, of Conway, is a savvy local angler who almost always chooses the deep, narrow waters of the North Branch of the Au Sable to ply his passion on opening day. When I asked him for his essential six flies he immediately said he could do it in three. This surprised me but after some thought he handed me a list with no less than 12 patterns on it! He narrowed it down to six as follows (with my comments):

**Gold-Ribbed Hare’s Ear:** This is probably the most commonly used nymph pattern on the planet. Nymphs like the hare’s ear are incredibly useful because they can be fished at all times during the season regardless of what hatch of adult flies may or may not be occurring. That’s because nymphs mimic the larvae



This Au Sable River rainbow trout was one of several fooled by a Dave’s Hopper fly on the Trophy Water section in August. (PATRICK BEVIER PHOTO)



A Dave’s Hopper fly next to the live grasshopper it’s made to imitate. (PATRICK BEVIER)

plenty of *Hexagenia* species mayfly imitations. Commonly called the Hex, or Fish Fly, these bugs hatch by the thousands in late June. Their nocturnal emergence is so prolific that if an angler happens to be on the right stretch of river after dark he just may catch the largest trout of his life. It’s surreal when you’re actually casting to the “galumph” sounds made by massive fish rising instead of by sight!

Though I don’t pretend to be in the same league as the anglers I’ve featured in these pieces I would add one fly to the list. That would be the Dave’s Hopper. This is a winning choice when late summer trout food consists largely of land dwelling “terrestrial” insects that have been blown into the water. I’ve caught bodacious brook trout, broad-shouldered brown trout, and rascally rainbow trout using a Dave’s Hopper on streams from the Maple to the Au Sable!

So, northern Michigan anglers, get outdoors and try one of these winning flies on a favorite river or stream. Don’t forget, tight lines!

of aquatic insects that live underwater and often constitute 80% of a trout’s diet.

**Cone-Head Woolley Bugger:** This diving streamer is excellent for all three riverine species of trout - brown trout, brook trout, and rainbow trout - as well as smallmouth bass and stream dwelling wall-eye. The cone-head gives them extra weight and shine compared to the bead-head offering. Schoenith likes Buggers featuring black and olive hues.

**Whitlock Muddler:** Another very popular streamer fly crafted to resemble a riverine fish

called a sculpin. These big-headed, bug-eyed bottom-dwellers are an absolute delicacy to large brown trout, in particular.

**Adams:** Because it resembles many types of mayflies the Adams is considered the quintessential dry fly. It’s commonly the first to be plucked out of many an angler’s fly box and often acts as an excellent searching pattern. Schoenith recommended a #14 Adams to resemble a broad spectrum of bugs.

**Deer Hair Body Hex (parachute and spinner):** Few northern Michigan anglers would argue that a properly stocked fly box should always contain

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